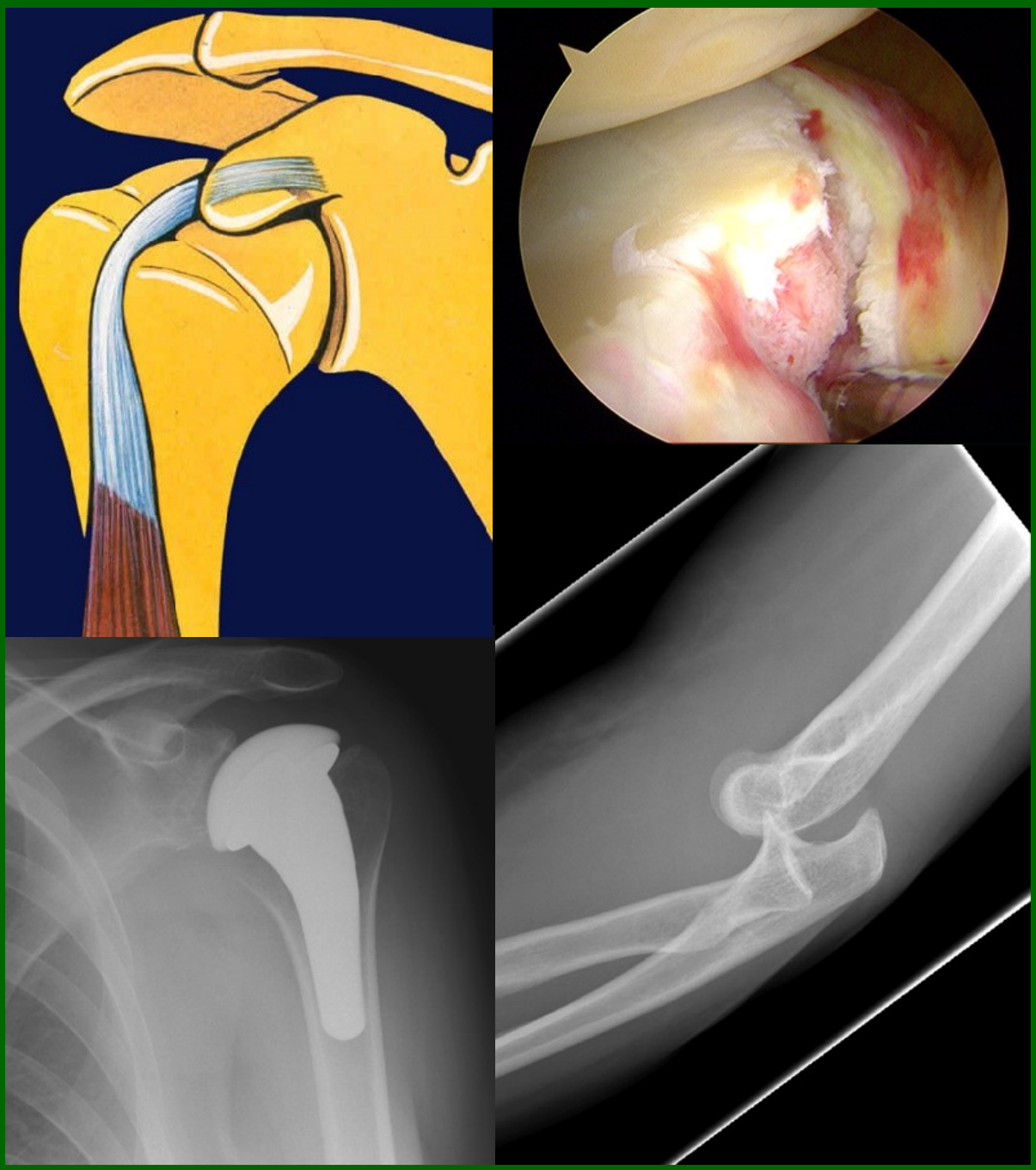
Irish Shoulder & Elbow Society

2017 IRISH SHOULDER AND ELBOW SOCIETY INAUGURAL MEETING

Saturday, 25th March 2017 **Royal College of Surgeons in Ireland**



IRISH SHOULDER AND ELBOW SOCIETY

Supporting & Advancing the Science, Art and Practice of Shoulder and Elbow Surgery in Ireland

Hannan Mullett

Diarmuid Molony

Kieran O'Shea

James Colville

Olivia Flannery

Ruth Delaney

Maurice Neligan

Ken Kaar

Ross Kingston

John Lunn

Eamonn Kelly

Darragh Hynes

Ronan McKeown

Clare Gilsenan

Edel Fanning

Eva Barrett

Guest speaker

Dr Anthony Romeo

Dr Anthony Romeo

Dr. Anthony Romeo is one of the US's leading orthopaedic surgeons specializing in the management and surgical treatment of shoulder and elbow conditions.

Including: Clinical Cases / Discussion, Physiotherapist parallel session, AGM

Irish Shoulder & Elbow Society

Dear Colleagues,

Welcome to the inaugural meeting of the Irish Shoulder & Elbow Society.

The society has evolved out of the evening meetings, which are held in Cappagh National Orthopaedic Hospital on the 2nd Tuesday of each month. These meetings, convened by Hannan Mullett, have provided an opportunity for complex and challenging cases to be discussed amongst colleagues including allied health professionals. It has turned out to be a very useful forum and so, the "Foundation Committee" decided the time was right to set up a formal society. Hence, via the IOA, an invitation was extended to all those with an interest to attend today and become involved in a regular way.

I consider it a great honour and have accepted the role of president of this society. Kieran O'Shea is the secretary and Diarmuid Molony, the treasurer. Ruth Delaney, Olivia Flannery, Hannan Mullett, John Lunn and Clare Gilsenan complete the foundation committee.

I have no doubt whatsoever that the society will grow and prosper.

We are very pleased and honoured to have Dr Anthony Romeo, the pre-eminent shoulder and elbow surgeon from Chicago, with us today to help launch the society and I look forward to an interesting educational and scientific meeting.

Mr James Colville
PRESIDENT

Mr Diarmuid Molony
TREASURER

Mr Kieran O'Shea
SECRETARY

General Information

Wireless Internet Access

The login and password for wifi is: rcsimar

Cloakroom Facilities

Coat rails are outside the outside the Albert near the stairs.

CPD Certs

A CPD cert is enclosed in your conference programme.

The conference has been awarded **6** credits for CPD purposes by the Royal College of Surgeons in Ireland.

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Feedback Forms

Please take a few minutes to fill in the feedback form enclosed and drop back to the registration desk.

Washroom Facilities

Outside the Albert LT and down the steps.

Membership Application Form

This form can be found inside your programme

Membership Fees

Ordinary Member: Annual fee €250, includes conference attendance fee

Junior Member: Annual fee €50, includes conference attendance fee

AHP conference attendance fee €50

Non-member practising orthopaedic surgeons may attend the conference alone for a €100 fee.

Guest Speaker

We are delighted to welcome Dr. Anthony Romeo to Dublin as our inaugural speaker and guest of honour at I.S.E.S. 2017.

Dr. Romeo is an orthopaedic shoulder and sports medicine surgeon at Midwest Orthopaedics at Rush and professor in the Department of Orthopedics at Rush University Medical Center. He is also a team physician for the Chicago White Sox and the Chicago Bulls.

Dr. Romeo received his Medical Degree from the St. Louis University School of Medicine. He completed his residency in orthopaedic surgery at the Cleveland Clinic Foundation in Ohio, and his shoulder and elbow surgery fellowship at the University of Washington Medical Center in Seattle with Dr. Matsen. Furthermore, while completing his undergraduate Bachelor of Science at the University of Notre Dame, he was a member of the University of Notre Dame football team, the "Fighting Irish".

Throughout his esteemed career, Dr. Romeo has received numerous honours and awards for his outstanding accomplishments in innovative research that enhances patient care. He has been recognized as one of the Best Doctors in America and one of the Top Doctors in Chicago for multiple years. Dr. Romeo is one of fewer than 6% of physicians selected to receive the Patient's Choice Award. His honours for excellence in research include the Best Scientific Exhibit at the 2010 American Academy of Orthopaedic Surgeons, the Western Orthopaedic Association's Lloyd Taylor Award, Best Poster at Rush University Sigma Xi day, multiple research grants from the Arthroscopy Association of North America and the Orthopaedic Research and Education Foundation (OREF), Award Paper from the Illinois OREF Research Competition, the Winning Paper and the Excellence in Research Award from the Rush University Annual Thesis Day, the ISAKOS Science Award for Best Overall Paper, the Emanuel B. Kaplan Award, and many others. He has authored numerous peer-reviewed papers, as well as book chapters, and has served as senior editor of a number of orthopaedic and sports medicine text books. Dr. Romeo is a designer of shoulder arthroplasty systems and lectures all over the world on advanced shoulder and elbow surgery. He is the current President-Elect of the prestigious American Shoulder and Elbow Society, and will lead that society as 2017-2018 President. We are very fortunate to have him here in Dublin for our society's launch and we sincerely hope that he enjoys his visit to Ireland.

Irish Shoulder and Elbow Society President

Mr James Colville

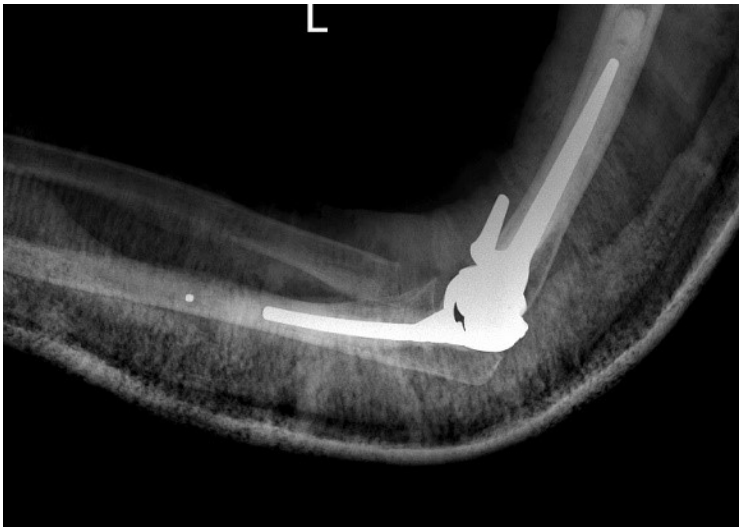
Mr James Colville graduated in Medicine from Trinity College, Dublin. His orthopaedic training was on the Irish national training programme. Following on from this, he completed upper limb fellowships in Heinola, Finland and St Galen, Switzerland. He was awarded a Shoulder Reconstruction Scholarship in Columbia Medical Centre in New York. During his distinguished career he held the following positions: President of the British Elbow/Shoulder Society, President of the Irish Society for Surgery of the Hand, President Irish Association of Occupational Therapists, Vice Dean of the Faculty of Sports & Exercise Medicine. For many years, he co-chaired the annual Dublin Sports Surgery course. His main area of specialization has been the management of the sports injured shoulder and throughout his career, he carried out in excess of 1500 surgical procedures to treat shoulder instability.

We are extremely grateful to John Lynch, Pamela Davis and all the team at Lynch Medical for their assistance with the Inaugural Irish Shoulder and Elbow Society Meeting. We would particularly like to thank them for facilitating Dr Romeo's visit and also for supporting the dinner following Dr Romeo's arthroplasty symposium on Friday evening.

About ISES

The Irish Shoulder and Elbow Society (ISES) was established in October 2016 to support and advance the science, art and practice of shoulder and elbow surgery in Ireland. The president is Mr James Colville, Hon Secretary is Mr Kieran O'Shea and Hon Treasurer is Mr Diarmuid Molony,

Irish Shoulder & Elbow Society

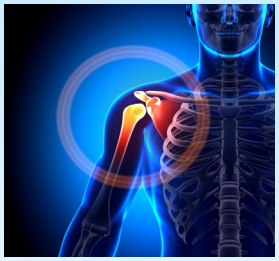


CONFERENCE PROGRAMME

08:15 - 08:40	Registration, tea, coffee		
08:45 - 09:00	Welcome Address	Mr James Colville	
09:00 - 10:00	**SESSION 1:** Free Papers I		
Chair: Mr Hannan Mullett Adjudicators: Mr Daragh Hynes and Mr Eamonn Kelly			
09:00 - 09:10	Best Practice in Arthroscopic Rotator Cuff Repair - A Systematic Review of Overlapping Meta-Analyses	Eoghan Hurley, Hannan Mullett.	Sports Surgery Clinic Dublin
09:10 - 09:20	The Role of Pain Sensitisation in Young Adults with Shoulder Pain	Michelle Clarke, Catherine Doody	Beaumont Hospital Dublin
09:20 - 09:30	Diagnostic and treatment concordance between a physiotherapist and a consultant orthopaedic surgeon for patients presenting with shoulder pain to an advanced practice physiotherapy clinic	Clare Gilsenan, Hannan Mullett.	Beaumont Hospital Dublin
09:30 - 09:40	Eccentric strengthening exercises for rotator cuff tendinopathy: a systematic review and pilot treatment study	Micheal Bailey	St Vincent's University Hospital, Dublin
09:40 - 09:50	Superior capsular reconstruction for treatment of irreparable rotator cuff tears: early clinical results	Daniel B.L. Garcia, Ross E. Kingston, Ruth A. Delaney.	Sports Surgery Clinic, Dublin and Bon Secours Hospital, Tralee, Co Kerry
09:50 - 10:00	Superior Capsule Reconstruction of the Shoulder: Current perceptions in the post-operative rehabilitation	Fiona Noonan-Taylor, Ruth Delaney, Ross Kingston	University of Limerick
10:00 - 10:45	**SESSION 2:** Panel Discussion / Clinical Cases Rotator Cuff–Complex Cases		
Chair: Ms Ruth Delaney Panel: Mr Ross Kingston, Mr Ken Kaar			
10:45 - 11:00	Coffee Break - Boardroom		
11:05 - 11:45	**SESSION 3:** Panel Discussion / Clinical Cases Failed Shoulder Instability		
Chair: Mr Hannan Mullett Panel: Mr Ronan McKeown, Mr Maurice Neligan			
11:45 - 12:30	**SESSION 4:** "Anterior instability: Modern Arthroscopic Bankart Repair–technique and limitations		
Guest Speaker Dr Anthony Romeo			
12:30 - 13:10	Lunch - Boardroom		

13:15 - 15:15	**SESSION 5 :** Free Papers II		
Chair: Mr Hannan Mullett Adjudicators: Mr Daragh Hynes and Mr Eamonn Kelly			
13:15 - 13:25	Primary Adhesive Capsulitis of the Shoulder – Does Hydrodilatation and Countertraction enhance the effect of Manipulation Under Anaesthesia	Turlough O'Donnell	Beacon Hospital Dublin
13:25 - 13:35	Instability Treatment and Return to Play Protocols in Rugby Union Players	David Moore Hannan Mullett	Sports Surgery Clinic, Dublin
13:35 - 13:45	Patient Outcomes Using Precontoured Clavicle Plates from an Anterior Approach.	Eoin Fahey, Ken Kaar	University Hospital Galway
13:45 - 13:55	Biceps tenodesis during proximal humerus ORIF: the risk of AVN	John Galbraith, Justin Hintze, Diarmuid Molony	Tallaght Hospital Dublin
13:55 - 14:05	The Use of Exogen ™ Bone Stimulator for Delayed & Non-Unions in the Upper Limb	P Staunton, Hannan Mullett	Beaumont Hospital Dublin
14:05 -15:15	The effect of immobilisation on balance	Rose Lynham, David Dalton, Hannan Mullett	Beaumont Hospital Dublin
14:15 -14:45	**SESSION 6 :** Panel Discussion / Clinical Cases - Elbow Instability		
Chair Mr Diarmuid Molony Panel Mr Kieran O'Shea, Ms Olivia Flannery			
14:15 - 14:45	**PARALLEL SESSION AHP** Exercise classes for people with non-specific shoulder pain: research findings and translating research into practice		
Chair Ms Clare Gilsenan Speaker Dr Eva Barrett			
14:45 - 15:15	Coffee Break		
15:15 - 15:45	**SESSION 7:** Panel Discussion / Clinical Cases: Arthroplasty options in the young arthritic patient		
Chair Mr John Lunn Panel Mr James Colville, Mr Damien McClelland			
15:15 - 15:45	**PARALLEL SESSION AHP** Rehabilitation and return to sport following a shoulder stabilisation.		
Chair Clare Gilsenan Speaker Edel Fanning			
15:45 - 16:30	Conficts of Interest as a Team Physician	Dr Anthony Romeo	
16:30 - 16:45	Close and Awards		
16:45 - 17:30	Business meeting / AGM		

Shoulder Community



Are you keen to learn more and stay up date in musculo-skeletal practice?

Log on to:

http://www.shouldercommunity.com

Evidence based physiotherapy for Shoulder Pain conditions

SHOULDER COMMUNITY OF PRACTICE

"Would you like to improve your evidence based physiotherapy management of shoulder pain conditions?

Join the Shoulder Community of Practice for:

-Journal clubs

-patient case discussions

-practice based projects

- Research

New phase of the CoP commences September 2017

Contact Karen.mccreesh@ul.ie to express interest

Notes

Irish Shoulder and Elbow Society Standing Order Form

Irish Shoulder & Elbow Society

Date:

Please fill in the standing order form below and return to: Mr Diarmuid Molony, Treasurer ISES, C/O Department of Orthopaedic Surgery, AMNCH, Tallaght, Dublin 24.	
Account Name	
Name of Current account to be debited	

To the Manager of Bank / Building Society	
Branch / Building Society	
Branch address	
Post code	
Account number	Sort Code

Please pay into the account of the Irish Shoulder and Elbow Society.

Allied Irish Bank, Adelaide and Meath Hospitals, Tallaght, Dublin 24

IBAN	**BIC**	**SORT CODE**
IE93AIBK93331768480086	AIBKIE2D	933317

I/we instruct you to pay a yearly Standing Order in the amount of €_____ from my/our account per year at the request of the Irish Shoulder and Elbow Society.

Start date for deduction (year): _____

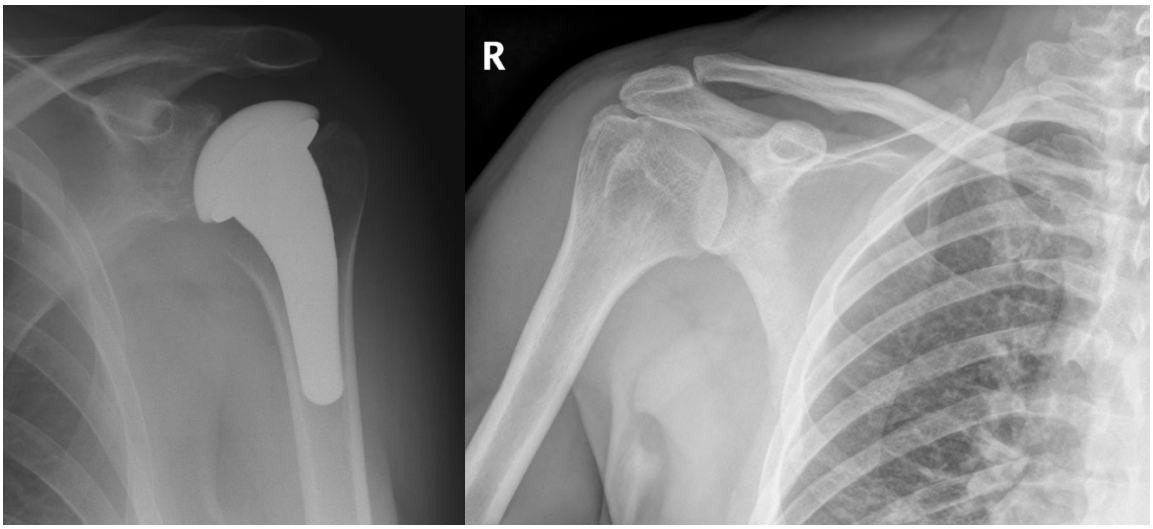
Signature _____ Date _____

The Cappagh Shoulder Conference, convened and chaired by Mr Hannan Mullett was established in April 2013. It is held on the 2nd Tuesday of each month between 6 and 7pm in the Lady Martin Auditorium.

The format is a clinicopathological case conference whereby complex and/or difficult cases are presented for opinions from the assembled audience.

The conference has proved to be an extremely successful venture with both patients and their treating surgeons benefitting from the combined knowledge and wisdom of the Orthopaedic Surgeons with an interest in shoulder surgery, trainees and allied health professionals who make up the attendance.

If you wish to refer a patient to the Cappagh Shoulder Conference, please contact Mr Hannan Mullett's registrar in Cappagh National Orthopaedic Hospital.



The organising committe would like to thank the Irish Institute of Trauma and Orthopaedic Surgery for their support and to the Royal College of Surgeons for the use of their facilities.

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IITOS THE IRISH INSTITUTE OF TRAUMA AND ORTHOPAEDIC SURGERY

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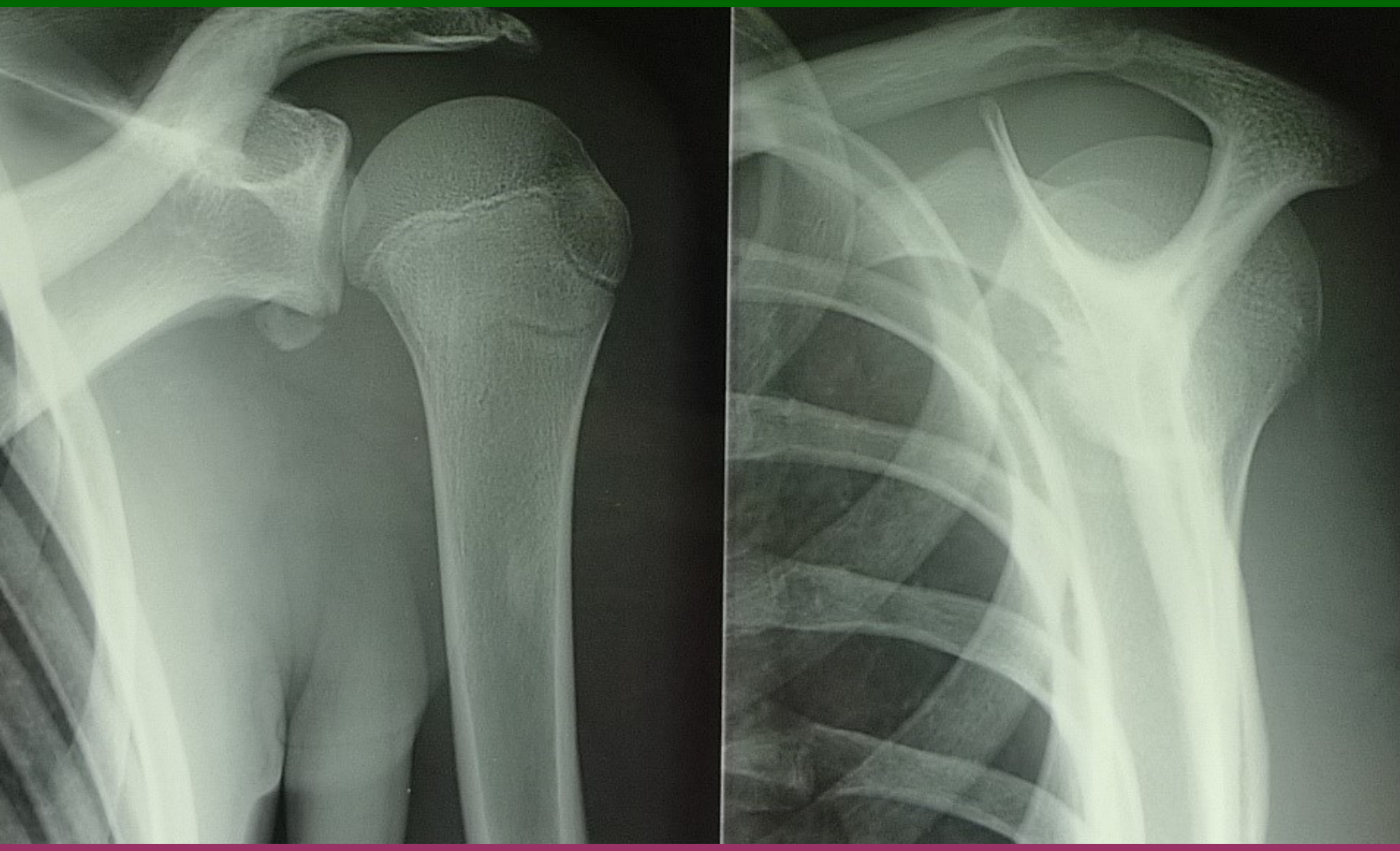

Website: www.isesociety.com

Email: irishsesociety@gmail.com

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